

Activity Information & Courses

Midwife Appointments

Speak to your midwife to book an appointment.

Childminders - Term Time Only

A Play & Learn session for Ofsted registered Childminders supporting early years children with their learning and development.

Come Talk with Me - Term Time Only

For children aged 24-36 months, supporting parents who have concerns with their child's speech and language development. Referral only.

Play and Learn - (under 5's)

Play and Learn is a fun session for children from 0-5 years. Explore activities and new experiences together, designed to support your child's interests, creativity and learning needs. Take away great ideas to try at home too! Our friendly, experienced team will also give you advice, guidance and information in lots of other areas and share with you other activities that you can enjoy together in your local community.

Ready, Steady, Go! - Term Time Only

Ready, Steady, Go! Will help you support your child to become 'life ready'. With a focus on physical development, confidence, self-esteem, 'school readiness' and improving social skills. Referral only.

Under 1's Group

Offering support and activities to families with children under one.

Introduction to Solids

An opportunity for parents to find out strategies to wean their babies to a milk and food diet, recommended for parents of babies between 4 and 6 months.

Haven Group

A nurture group for first time parents with under 1's who may be in need of a little bit of extra support and/or advice

F.A.B Breastfeeding Support

A weekly group to support breast feeding mums and those thinking about it. Breast Feeding helpline 07900 248286.

Well Baby Drop In Clinic

This clinic provides an opportunity to get your baby weighed and talk to the Nursery Nurses about your child's development.

Baby Massage Taster Sessions

Taster sessions for parents with babies up to 7 months old.

Money Advice Organisations

Christians Against Poverty
www.capuk.org

Faithworks

www.faithworkswessex.org.uk

Stokewood & Winton Children's Centre Activity Timetable January - March 2019

last updated 20th December 2018



Activities at Stokewood & Winton Children's Centre, 59 Stokewood Road, BH3 7ND 01202 539591

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Midwife Appointments (book with your midwife) 9.00am-2.15pm Term Time Only</p> <p>Childminders 9.30-11.00am Term Time Only</p> <p>F.A.B Breastfeeding Peer Support Group 1.00-2.30pm Term Time Only</p>	<p>Well Baby Drop In Clinic 10.00-11.30am</p> <p>Play & Learn 1.00-2.15pm</p> <p>No session on the 19th February</p>	<p>Come Talk With Me 9.30-11.00am Referral only, speak to reception for further details Term Time Only</p> <p>Under 1's 1.00-2.15pm Term Time Only</p>	<p>Ready Steady Go 9.30-11.00am Referral only, speak to reception for further details Term Time Only</p> <p>Midwife Appointments (book with your midwife) 12.00-4.00pm</p>	<p>Centre Closed</p>

Activities at Winton, 624 Wimborne Road, Bournemouth, BH9 2EN (entrance on Library Rd) 01202 859786

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Centre Closed</p>	<p>Haven Group 10.00am-12.00pm By Invitation Only</p> <p>Introduction to Solids 1.30- 3.00 pm 8th January, 12th February & 5th March Referral only, speak to reception for further details</p>	<p>Centre Closed</p>	<p>Centre Closed</p>	<p>Centre Closed</p>

Family Support Service

Family Support and Outreach Workers are based at Stokewood Children's Centre. They can offer support to all families in our area who have babies and children birth to 5 years and those receiving antenatal care. They can offer support such as:

- Concerns over child development
- Managing behaviour
- Sleep routines/eating
- Two's Too Funding
- Relationship issues
- Housing
- Benefits
- Advocacy/being a listening ear
- Domestic violence

Breast Pump Loan Scheme

Bournemouth Children's Centres run a breast pump loan scheme and are able to offer the breast pump to you at no cost.

Opening Times

Stokewood Children's Centre
Monday 9.00am-4.00pm Term Time only
Tuesday-Thursday 9.00am-4.00pm
Friday - Closed

Centre Closures

1st November (from 12pm)
28th November
24th December - 1st January
(reopens Wed, 2nd January)

Safeguarding is Everybody's Business

Are you concerned about a child or young person who lives near you? Do you think they are not being looked after properly? Are you concerned that they may be neglected or physically, emotionally or sexually abused? Please speak to our Designated Safeguarding Leads Rachel Grant - **07525 800268**, Janet Gyer - **07500 120774**, Celia Williamson - **07917 504530** or Bart Kwiatkowski - **07879 422489** or call the Multi Agency Safeguarding Hub direct on **01202 458101/2**

Useful Telephone Numbers

- Children's Information Services 01202 456222
- Citizens Advice Bureau 0844 4994105
- National Domestic Violence Helpline 0808 2000247
- Samaritans 08457 909090
- Police (Non-Emergency number) 101
- Parentline 0808 8002222
- Bournemouth Police 01202 222222
- NHS Direct 111

Local buses

For Stokewood - V1, V2, U9,U10
For Winton site - B1, B2, B3, B4, V1, V2, V3, V4, U10