

Let's... Sing together



Let's try...

- using the same bedtime song every night so your child gets used to the routine
- learning the last word at the end of the line in familiar songs
- looking into your child's eyes and smiling as you sing

Why try this?

- children remember the fun experience they have with you and this helps build strong relationships and happy memories
- talking, singing and making up stories helps develop your child's imagination and language
- routine and being consistent helps your child to feel secure and stay safe
- spending time outside is important for your child's health and well-being



**Bournemouth SureStart
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