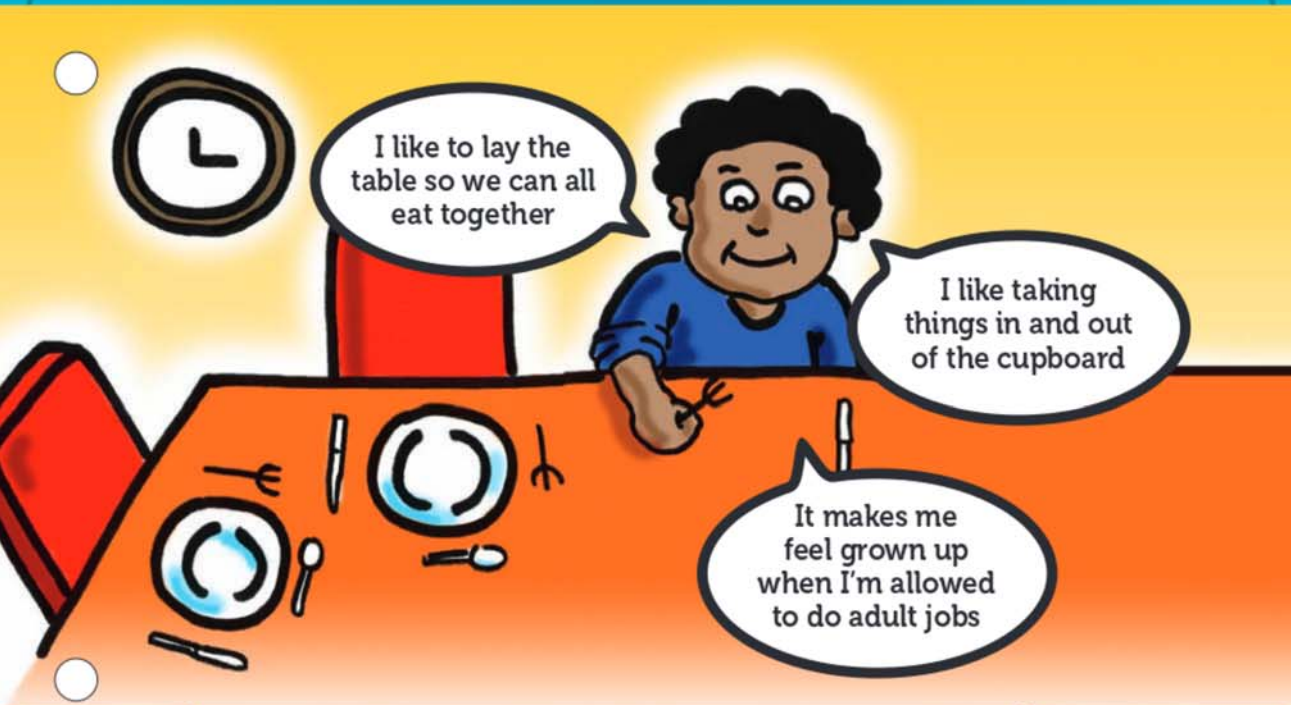


Let's...

Play in the kitchen together



I like to lay the table so we can all eat together

I like taking things in and out of the cupboard

It makes me feel grown up when I'm allowed to do adult jobs

Let's try...

- putting things in the cupboards together when we get back from the shops
- making loud/quiet sounds with pots and pans, wooden and metal spoons and tapping out our favourite song and rhymes
- sorting the washing and matching pairs of socks

Why try this?

- children remember the fun experience they have with you and this helps build strong relationships and happy memories
- talking, singing and making up stories helps develop your child's imagination and language
- routine and being consistent helps your child to feel secure and stay safe
- spending time outside is important for your child's health and well-being



**Bournemouth SureStart
Children's Centres**

