

Let's...

Go to the beach together



I like finding special things like seaweed, shells and stones

I love feeling sand when it's wet and dry

It's fun when we invent our own games together

Let's try...

- going to the beach on a windy or rainy day to watch the waves crashing
- making marks in the sand using fingers, feet, sticks or shells
- looking for rock pools for crabs and small creatures
- paddling in the sea – use wellies in the winter!

Why try this?

- children remember the fun experience they have with you and this helps build strong relationships and happy memories
- talking, singing and making up stories helps develop your child's imagination and language
- routine and being consistent helps your child to feel secure and stay safe
- spending time outside is important for your child's health and well-being



**Bournemouth SureStart
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